



**UNIVERSITY „VALAHIA” OF TÂRGOVIȘTE
FACULTY OF HUMANITIES**

Domain: Kinetotherapy

The specialization: Kinetotherapy and special motricity

Study program: License

Duration of studies: 3 years

Education form: with frequency

**EDUCATIONAL PLAN
Year I**

Semester I

No. Cri.	Discipline	Hours				ECTS	Form of examination
		C	S	L	P		
Fundamental disciplines							
1.	Kinesiology	2	2	-	-	5	E
2.	Basics of athletics	1	-	2	-	4	V
3.	Basic gymnastics	1	-	2	-	4	V
4.	The scientific fundamentals of the game of football	2	-	2	-	4	V
Disciplines of training in the domain of license - Kinetotherapy and special motricity							
5.	Anatomy and biomechanics	3	2	-	-	5	E
6.	General physical basycs physical therapy	2	1	-	-	3	E
Complementary disciplines							
7.	Language – English*	-	2	-	-	2	C
7.	Language – French*	-	2	-	-		
Disciplines at the disposal of the university							
8.	Specialized software use in physical therapy	1	-	1	-	3	E
	Total obligatory discipline	12	7	7		30	4E/3V/1C
							8
Facultative disciplines							
9.	Biochimie	1	1	-	-	3	C
	Total facultative	1	1	-	-	3	1C
							1

Note: E – exam
C – colloquy
V – verification

*Optional disciplines - compulsory credits
** Optional disciplines - compulsory credits

Semester II

No. Cri.	Discipline	Hours				ECTS	Form of examination
		C	S	L	P		
Fundamental disciplines							
1.	The theory and the methodology of physical education	2	2	-	-	5	E
2.	The scientific fundamentals of the game of handball	2	-	2	-	4	V
Disciplines of training in the domain of license - Kinetotherapy and special motricity							
3.	Physiology	2	-	2	-	5	E
4.	Swimming and hydrotherapy	1	-	2	-	5	E
5.	Patient handling techniques	2	2	-	-	5	E
Complementary disciplines							
6.	Language – English*	-	2	-	-	3	C
6.	Language – French*	-	2	-	-		
7.	Communication and consulting in kinetotherapy	2	1	-	-	3	C
	Total obligatory discipline	11	7	6		30	4E/1V/2C
							7
Facultative disciplines							
8.	Football in kinetotherapy/Futsal	1	-	2	-	4	V
9.	Tennis in kinetotherapy/Badminton	1	-	2	-	4	C
	Total facultative	2		4	-	8	1C/1V
							2

Note: E – exam
C – colloquy
V – verification

*Optional disciplines - compulsory credits
 ** Optional disciplines - compulsory credits

Year II

Semester III

No. Cri.	Discipline	Hours				ECTS	Form of examination
		C	S	L	P		
Fundamental disciplines							
1.	The scientific fundamentals of the game of basket-ball	2	-	2	-	4	V
Disciplines of training in the domain of license- Kinetotherapy and special motricity							
2.	Measurement and evaluation in physical therapy	2	-	3	-	6	E
3.	Methods and techniques for muscle toning	1	-	2	-	3	C
4.	Semiologie	2	-	2	-	5	E
Disciplines of training in the direction of specialization- Kinetotherapy and special motricity							
5.	Physical therapy and sensory physical deficiencies	2	-	2	-	6	E
6.	Traumatic orthopedic physical therapy in diseases with applications in sports	2	-	2	-	6	E
	Total obligatory discipline	11	-	12		30	4E/1V/1C
							6
Facultative disciplines							
7.	Basketball in physical therapy** / Korfball therapeutic**	1	-	2	-	4	V
8.	Handball in physical therapy** / Frisbee**	1	-	2	-	4	V
	Total facultative	2	-	4	-	8	2V
							2

Semester IV

No. Cri.	Discipline	Hours				ECTS	Form of examination
		C	S	L	P		
Fundamental disciplines							
1.	The scientific fundamentals of the game of volleyball	2	-	2	-	4	V
Disciplines of training in the domain of license- Kinetotherapy and special motricity							
2.	Elements of physiotherapy	2	-	2	-	6	E
3.	Internship practical applications in mountain environment - resorts	-	-	4	-	2	C
Disciplines of training in the direction of specialization- Kinetotherapy and special motricity							
4.	Physical therapy in neurological affections	2	-	2	-	6	E
5.	Physical therapy in cardio respiratory affections	2	-	2	-	6	E
6.	Massage and complementary techniques	2	-	2	-	6	E
	Total obligatory discipline	10	-	14	3	37	4E/1V/1C
							6

Year III

Semester V

No. Cri.	Discipline	Hours				ECTS	Form of examination
		C	S	L	P		
Fundamental disciplines							
1.	Health education and first aid	2	2	-	-	6	E
Disciplines of training in the domain of license - Kinetotherapy and special motricity							
2.	Physical therapy in rheumatologic diseases	2	-	4	-	6	E
3.	Methods and techniques in neuromotor rehabilitation	2	-	4	-	6	E
4.	Internship in special education centers	-	-	3	-	4	V
5.	Internship in special recovery centers	-	-	3	-	4	V
Complementary disciplines							
6.	Ethics and deontology in kinesiology	2	-	-	-	4	E
Disciplines at the disposal of the university							
	Total obligatory discipline	8	2	14	-	30	4E/2V
							6
Facultative disciplines							
7.	Orthotic - prosthetic	1	1	-	-	3	C
	Total facultative	1	1	-	-	3	1C
							1

Semester VI

No. Cri.	Discipline	Hours				ECTS	Form of examination
		C	S	L	P		
Disciplines of training in the domain of license - Kinetotherapy and special motricity							
1.	Secondary and tertiary kinetoprophylaxy	1	2	-	-	3	E
	Equipment, apparatus, equipment used in physiotherapy *	1	2	-	-	3	
2.	Internship training and development of undergraduate work	-	-	4	-	10	C
Disciplines of training in the domain of specialisation - Kinetotherapy and special motricity							
3.	Physiotherapy in geriatrics, gerontology	2	-	2	-	5	E
4.	Internship in social assistance centers	-	-	4	-	3	V
5.	Pediatric in physical therapy	2	-	2	-	5	E
Disciplines at the disposal of the university							
6.	Elements of occupational therapy**	2	-	2	-	4	E
	Social assistance in physical therapy**	2	-	2	-	4	
	Neurophysiology**	2	-	2	-	4	
	Total obligatory discipline	8	2	14		30	4E/1V/1C
							6