

Lecturer PhD. Cristian Florian SAVU

Phone: 0245206105, **e-mail:** savufcristian@yahoo.com

Areas of interest:

Physical education and sport, Sports training, Sports management.

Research activity:

Member of *Center for the study of the environment, habitat, motor activities and leisure time.*

Representative books:

SAVU Cristian-Florian, (2018), *Optimizing physical training for junior basketball players*, Publishing house: Bibliotheca, Targoviste, ISBN: 978-606-772-277-2, pp. 200.

Representative articles:

Cristian Florian SAVU, Constantin PEHOIU, (2018), *Particularities of the Education of the Coordination and Acquisition of the Curriculum of Physical Education by Using the Specific Means of Playing Basketball*, The Romanian Magazin for Multidimensional Education, ISSN: 2066-7329/ e-ISSN: 2067-9270, Volume 10, Issue 4, pages: 217-227.

Cristian Florian SAVU, Constantin PEHOIU, (2018), *Developing Force by Means of Basketball in the Physical Education Lesson*, The Romanian Magazin for Multidimensional Education, ISSN: 2066-7329/ e-ISSN: 2067-9270, Volume 10, Issue 1, pages: 145-154.

Cristian Florian SAVU, Constantin PEHOIU, (2018), *Developing Speed by Means of Volleyball in the Physical Education Lesson in the Gymnasium Cycle*, The Romanian Magazin for Multidimensional Education, ISSN: 2066-7329/ e-ISSN: 2067-9270, Volume 10, Issue 1, pages: 136-144.

Cristian Florian SAVU, Constantin PEHOIU, (2018), *Correrlation Of Motor And Technical Training Parameters For Junior I Basketball Players*, The European Proceedings of Social & Behavioural Sciences EpSBS, Volume XXXVI - ICPEsk - 2017, ISSN:2357-1330, pp. 332-338.

Cristian Florian SAVU, Constantin PEHOIU, Silviu Andrei BADEA, (2017), *The Relationship of Body Composition and Aerobic Exercise Capacity*, Proceedings Volume: Rethinking Social Action. Core Values in Practice, ISSN (print): 2601 - 2510, ISSN (on-line): 2601 - 2529, ISSN-L: 2601 - 2510, ISBN: 978-1-910129-13-5, pp. 786-794.

Cristian Florian SAVU, (2017), *Development Of Force By Using Volley Means In High School Classes*, The European Proceedings of Social & Behavioural Sciences EpSBS, Volume XXVII, ISSN: 2357-1330, pp. 707-713.

Cristian Florian SAVU, (2017), *Sociological Research Regarding Physical Training For Junior Basketball*, The European Proceedings of Social & Behavioural Sciences EpSBS, Volume XXVII, ISSN: 2357-1330, pp. 714-721.

Cristian Florian SAVU, Constantin PEHOIU, (2018), *Development Of Physical And Motrical Capacities Of Gymnasium Classes Students By Basketball Specific Means*, Science, Movement And Health Vol. XVIII, Issue 2 Supplement, 2018, Romania, ISSN: 2285-777X, ISSN-L: 2285-777X, ISSN online: 2285-7788, pp. 388-395.

Cristian Florian SAVU, Constantin PEHOIU, (2018), *Analysis Of The Somatic Development Level Of Junior Basketball Players U18 – Note I*, Science, Movement And Health Vol. XVIII, Issue 2 Supplement, 2018, Romania, ISSN: 2285-777X, ISSN-L: 2285-777X, ISSN online: 2285-7788, pp. 396-402.

Cristian Florian SAVU, (2015), *Study on the content of physical training in junior I basketball players*, Sport and Society - Interdisciplinary Journal of Physical Education and Sport, p -ISSN: 1582-2168;e -ISSN: 2344-3693, pp. 68-76.

Cristian Florian SAVU, (2015), *Development by means of specific speed of basketball in physical education lesson*, Proceedings of the 8th Annual International Conference: Physical Education, Sport and Health – Serie publication title: Scientific Report Physical Education and Sport - Volum 19, ISSN: 1453-1194, pp. 465-468.

Constantin PEHOIU, **Cristian SAVU**, (2007), *The structure of the factors motivating the Romanian adults' physical activities*, Palestrica Mileniului III – Civilizație și Sport, Volumul VIII, Nr. 1 (27), ISSN: 1582 – 1943, pp. 42–49.

Constantin PEHOIU, **Cristian SAVU**, (2006), *The attainment of cognitive, affective, and psychomotor objectives with students aged between 6/7 and 14/15*, Palestrica Mileniului III – Civilizație și Sport, Volumul VII, Nr. 4 (26), ISSN: 1582 – 1943, pp. 53–61.

Teaching activity:

The scientific foundations of the basketball game; The methodology of teaching basketball in school; The scientific foundations of sport games and applications in kinotherapy: basketball; The scientific foundations of the volleyball game; The methodology of teaching volleyball in school; The scientific foundations of sport games and applications in kinotherapy: volleyball; Kinesiology.