

Asist. univ. dr. Cristian Florian SAVU

Telefon: 0245206105, **e-mail:** savufcristian@yahoo.com

Domenii de interes:

Educație fizică și sport, Antrenament sportiv.

Activitatea de cercetare:

- Membru al *Centrul pentru studiul mediului, habitatului, activităților motrice și de timp liber.*

Articole reprezentative:

1. **Cristian Florian SAVU**, Constantin PEHOIU, Silviu Andrei BADEA, (2017), *The Relationship of Body Composition and Aerobic Exercise Capacity*, Proceedings Volume: Rethinking Social Action. Core Values in Practice, ISSN (print): 2601 – 2510, ISSN (on-line): 2601 – 2529, ISSN–L: 2601 – 2510, ISBN: 978-1-910129-13-5, pp. 786-794, <https://doi.org/10.18662/lumproc.rsacvp2017.72>;
2. Constantin PEHOIU, **Cristian Florian SAVU**, (2017), *The Human Body - Between Past and Present, the New Self and Body-Self*, Proceedings Volume: Rethinking Social Action. Core Values in Practice, ISSN (print): 2601 – 2510, ISSN (on-line): 2601 – 2529, ISSN–L: 2601 – 2510, ISBN: 978-1-910129-13-5, pp. 566-577, <https://doi.org/10.18662/lumproc.rsacvp2017.52>;
3. **Cristian Florian SAVU**, (2017), *Development Of Force By Using Volley Means In High School Classes*, The European Proceedings of Social & Behavioural Sciences EpSBS, Volume XXVII, ISSN: 2357-1330, pp. 707-713, <http://dx.doi.org/10.15405/epsbs.2017.07.03.84>;
4. **Cristian Florian SAVU**, (2017), *Sociological Research Regarding Physical Training For Junior Basketball*, The European Proceedings of Social & Behavioural Sciences EpSBS, Volume XXVII, ISSN: 2357-1330, pp. 714-721, <http://dx.doi.org/10.15405/epsbs.2017.07.03.85>;
5. **Cristian Florian SAVU**, (2015), *Study on the content of physical training in junior I basketball players*, Sport and Society - Interdisciplinary Journal of Physical Education and Sport, p -ISSN: 1582-2168; e -ISSN: 2344-3693, pp. 68-76;
6. **Cristian Florian SAVU**, (2015), *Development by means of specific speed of basketball in physical education lesson*, Proceedings of the 8th Annual International Conference: Physical Education, Sport and Health – Serie publication title: Scientific Report Physical Education and Sport - Volum 19, ISSN: 1453-1194, pp. 465-468.

Reviste:

1. Constantin PEHOIU, **Cristian SAVU**, Silviu BADEA, Cristian BORIDA, (2010), *Study on the influence of physical effort on the mental processes of preteen students*, World Academy of Science, Engineering and Technology International Journal of Sport and Health Sciences, International Science Index, Sport and Health Sciences Vol:4, No:8, 2010 waset.org/Publication/12352, pp. 1893-1903.
2. Constantin PEHOIU, **Cristian SAVU**, Silviu BADEA T. OZBAY, (2010), *Detente and power – Determination conceptually, forms and means of education at the preteen age*, Bulletin of the Transilvania University of Braşov – Vol. 3 (52) Series VIII: Art • Sport, pp. 130-138, http://webbut.unitbv.ro/bu2010/Series%20VIII/BULETIN%20VIII%20PDF/SPORT%20STUDIES/13_Pehoiu%20C.pdf;
3. Constantin PEHOIU, Cristian BORIDA, **Cristian SAVU**, Silviu BADEA, (2010), *Outdoor Training Programs Impact on Romanian Children in Rural Areas*, 7th European Association for Sociology of Sport Conference – “A social perspective on sport, health and environment”, Porto, Portugal, Revista Portuguesa de Ciências do Desporto, ISSN: 1645-0523 (Papel), 2182-0317 (Digital), pp. 339-341, http://www.academia.edu/download/3588846/eass2010_proceedings_on_line.pdf#page=164;
4. Andra Georgiana PEHOIU, Constantin PEHOIU, **Cristian SAVU**, Monica MOACĂ, Bianca FERRARIO, Silviu BADEA, (2009), *The independent practice of physical exercises - premise for a healthy lifestyle during of adolescence*, Sport Medicine Journal/ Journal of Romanian Sport Medicine Society - Supliment 2, Editura Universitaria, Craiova, ISSN: 1841-0162, pp. 341-344;
5. Andra Georgiana PEHOIU, **Cristian SAVU**, Constantin PEHOIU, (2009), *Fitness, an efficient means of building your physical image*, Sport Medicine Journal/ Journal of Romanian Sport Medicine Society - Supliment 2, Editura Universitaria, Craiova, ISSN: 1841-0162, p. 369-372;
6. Constantin PEHOIU, **Cristian SAVU**, (2007), *The structure of the factors motivating the Romanian adults' physical activities*, Palestrica Mileniului III – Civilizație și Sport Volumul VIII, Nr. 1 (27), ISSN: 1582 – 1943, pp. 42–49, [http://www.pm3.ro/pdfs/PM3_Nr.1\(27\)_2007.pdf#page=42](http://www.pm3.ro/pdfs/PM3_Nr.1(27)_2007.pdf#page=42);
7. Constantin PEHOIU, **Cristian SAVU**, (2006), *The attainment of cognitive, affective, and psychomotor objectives with students aged between 6/7 and 14/15*, Palestrica Mileniului III – Civilizație și Sport An VII, Nr. 4 (26), ISSN: 1582 – 1943, pp. 53–61, [http://pm3.ro/pdfs/PM3_Nr.4\(26\)_2006_1.pdf#page=53](http://pm3.ro/pdfs/PM3_Nr.4(26)_2006_1.pdf#page=53).

Activitate didactică: *Fundamentele științifice ale jocului de baschet; Metodica predării baschetului în școală; Fundamentele științifice ale jocului de volei; Metodica predării voleiului în școală; Kinesiologie.*